

The Peeptoon Post July 2021

Welcome



Hello to you Peeps! Welcome to the July edition of your newsletter and we hope it finds you all well this month.

ECA Business



At last! The defibrillator is up and running and registered on the national database, The Circuit.

It was at an ECA meeting in March 2019 that resident Graham Bell attended and asked whether we could get one installed in the village. Action ECA! Getting the defibrillator was an easy enough task as Councillor Colin McGinn gave us some hints and tips on how to go about it and who to contact.



The funding for the defib came from the **Walk with Scott Foundation** and **Tranent and Elphinstone Community Council** and we are so thankful to both groups for their support

Trying to get the defib through the planning process was a completely different kettle of fish, however, and had a lot of people pulling a lot of hair out. We'd been taking an interest

in which places were managing to get defibs up and called in the Cavalry.

An old buddy from my days at the Ross High came to the rescue after setting up three machines in Tranent and the insurmountable wall of Council bureaucracy was shattered.



Douglas Robertson from **Tranent Belters Charity Club** took us by the hand and led us through every step to completion. Douglas called up another buddy, **George**

Wilson, who did the drawings for us and he directed us through the maze of Council procedures to get to where we needed to be.

Then, lo and behold, that was it - all done and dusted! One defibrillator machine up on the wall and approved by the Council.



Here we have a picture of the long awaited defibrillator machine with Graham Bell, Amanda Clelland (ECA member) Douglas and George. George has been thrown into the bushes, which is a bit of a shame, but a wallflower he aint. Thank you so much to the three of you for your help with getting this

invaluable piece of equipment into the village. Let's just hope that it never has to be used.

Now, shortly after the defibrillator going onto the wall, ECA received an email from **Pip Howgego** who lives at **10, Main Street**. She very kindly told us that she was an **Immediate Life Support Nurse** up at the Royal Infirmary and knows how scary these machines are to use in a real-life emergency situation. Pip told us she would be happy to assist in an emergency situation requiring the defibrillator, should it arise in the village.

We are also going to give the code for opening the case of the machine, which wouldn't normally happen. The code would usually be given to the caller of the emergency services once they received it from the national database. However, since we are a very small village with no unruly youths doing the rounds, we thought it would be good to give you the code to save time required in an emergency situation.

You can use a defibrillator whenever CPR (cardiopulmonary resuscitation) is needed. A person needs CPR if they are unresponsive and not breathing normally. Remember, time is crucial. If someone is unresponsive and not breathing, call an ambulance on **999**, start CPR and use a defibrillator as soon as possible.

Whilst we hope the defib will never be needed, Pip Howgego (10 Main St) is a nurse and trained in using this equipment. Should you ever need any help, and she's at home, please contact 01875 305172 or 07789 762824 in case of an emergency. Code for access is CY1.

You can cut this wee paragraph out and keep it under your phone so that you have it handy.

Covid-19

I'm sure most of you will be aware that Covid vaccinations are available at drop in centres throughout the county.

Covid-19 testing kits are also freely available from the NHS by going onto their website and giving them your details.



Well Pharmacy have very kindly informed us that they, too have lateral flow kits you can access should you require them, as well as the PCR testing kits. Call in to the chemists for further information.

Our Wee Shop



Pamela reports as follows:

Thank you to everyone who helped with our evaluation and for all the positive responses. The community tree is amazing. Thank you to everyone who has helped to achieve this and to Nicola for all her hard work. It was a wonderful surprise! If you would like to add your hand, please pop in and do so.

The shop continues to be busy and our gift section is also doing well. Thank you to everyone who has handed in donation of any kind. They are passed on to those in need and I can assure you they are very much appreciated by the recipients.

Our **'Bite and a Blether'** group is going to be going to the **Fa'side Kitchen** in Tranent for seven weeks starting on Tuesday, 20th July. A minibus will be leaving from the shop. If you wish to join us, please get in touch.



Thank you for your continued support.

Our Garage



Ian, Kevin and young Jamie are all doing fine. They send you all a big cheery 'Hello' and hope that you are doing well.

They have no news to report other than to let you know that business is good on all fronts and they are so thankful to be meeting more and more of the villagers. They are really appreciating being part of a small and close-knit community which gives them the chance to mete out a really personal service to all who come to see them.



There is no news yet of a buddy for Betty although the process has started. There have been discussions as to whether the new sheep should be another Wensleydale or whether they should venture out with a different breed. In the meantime, Betty is doing a grand job of keeping her wee paddock nice and tidy by eating all the grass.

The guys wish you all the best during the summer holiday time and ask that you stay safe.

Our School



The report from Headmistress, Ali Cameron, is as follows:

Together, we have come to the end of another challenging academic year. We really missed seeing all of our children back in school for the last week of term. Although we were not all together in school, every single person in **#TeamElphy** was in our thoughts and hearts.

With positive COVID cases high in East Lothian, the health and safety of our children, families, staff and community is always the highest priority. We have said an emotional 'cheerio for now' to our fabulous P7s and staff who are moving on. However, they all know that they will always be part of our **#TeamElphy**  family.

As a school and community, we have faced many challenges over the last fifteen months but we have also had many great

opportunities! We have learned to incorporate more digital learning into our curriculum, the community has really rallied together to look out for and care for each other with Roots and Fruits at the heart of this, and we have also been able to take a step back and really assess what our children need moving forward. We have sorely missed having our families and community partners in school and are looking forward to the day when we can physically open our doors again. A warm welcome will always await you!

Elphinstone Primary School is proud to firmly sit within such a wonderful community. We were humbled by the recent extremely generous



£200 donation from Elphinstone Miners Club. This will be used to buy playground resources for our children when they return to school.

These will complement the very supportive donation of £500 from **Elphinstone Community**

Association to buy football goals for our playground. We are in the process of applying for further community grants to fulfil our aim of developing our outdoor



school space as a space for everyone in our community to enjoy. Exciting times ahead!

We have also been busy building positive links with **Charles River Laboratories**. They have chosen Elphinstone Primary School as one of the local schools that they would like to give a £5000 charitable donation to, in order to support the health and well-being of children and young people. We are currently in the process of developing a wider outdoor curriculum for our children to further develop their team work, communication and problem solving skills. This funding will go a long way to supporting our delivery of this.



Through our discussions with Charles River, we mentioned our RESPECT 20 campaign to reduce speeding through our village. We are delighted that the speed table will soon be in situ outside of our school but we must continue to promote this

campaign to keep everyone in our community safe.

When we return to school, in conjunction with Charles River, we will be holding a RESPECT 20 poster competition for the children in our school and community. The winning design will have posters and banners made to put up around our community and within Charles River. These will be funded by Charles River and there will be a prize for the winning entry. Watch this space!

As we close for the summer break, we would like to extend our love and gratitude to you all. Your support and kindness means so much to us. We really are all #TeamElphy. See you all in August.

Elphinstone Miners' Welfare and Social Club



The crew at the Miners' Club are enjoying people coming through their doors again. They also have

new tables and parasols round the green for you to try out. Sounds like the perfect setting for a wee glass of whatever takes your fancy in the sunshine. Go and check it out!

Ivan and club's neighbour, **Willie Thomas** handed over a hundred pounds each to Headmistress, Alison Cameron, to put into the school funds. The school is always very grateful for donations and Ali said this will be put to very good use for the wee ones.

mscoaching1

(1-2-1 Football training)

Hi Folks!



What an incredible five months it has been here at mscoaching with players coming in from all different ages and abilities. It is now time for a well-earned break to recharge the batteries during the summer holidays. We will be restarting in August.

Keep an eye out for some new stuff that's coming by following on our social media pages and to keep yourselves informed of what's going on. Have a great summer, all!

Check out **Facebook** and **Instagram**, both with the username **@mscoaching1**. I look forward to hearing from you and thanks for your support.

Kids' Korner



Q. Why did the two flies rush along the top of the cereal packet?

A. Because it said 'Tear along the dotted line'.

Q. What's the smallest monkey in the jungle called?

A. A shrimpanzee.

Tribute to Beau from Shannon and Tam

To the wonderful Team at The Peepton Post:

I'd personally like to thank you for my monthly newsletters that I just love sitting down to with a cuppa, reading back to front, out loud to my partner, strangely enough in a very thick Scottish accent - I blame Covid for the craziness. I did express this to Margo. Anyhoo, I did express my excitement for The Peepton Post and especially the "Monthly Muse" or the positive quotes which I just love, in which Margo's response was "aw your awfi sad arn't ye". We and had a right giggle. It was so nice chatting and were so happy you got to meet the ever so loved and popular Beau. I must say this May's edition of the monthly muse really resonated with us.

I know word sure does travel fast around the village but at the back of your lovely mention in May's Edition we wanted to personally thank you for highlighting Beau and give you a little about his story in case the devastating news hasn't reached you yet.



Our beloved Baby Boy Beau, unbeknown to anyone, had a little deformity in his left leg, thus creating an on and off limp that led to a fracture in his left elbow which led to a complex surgery for the surgeons

as his little fracture was in little jigsaw pieces. However, the surgery for Beau himself would not be complex and was a routine op that no one knew the dark tragedy and absolute heartbreak was to enter as a bright loving light was leaving. Beau went in for surgery after having a great night, he was put under and within 30 seconds he went into cardiac arrest.

He was gone after 30 minutes after trying to revive him. We gave quick permission to try resuscitate no matter what the cost but they could not bring him back, despite him having the best team in the UK working with him. Unfortunately, he fell into a freak 5-10% statistic of this ever happening.

Beau was born on 12/12/2020 and he passed one day before he was 5 months. His life on earth was far too short and he was the heart and souls of our lives. His life was nothing short of the best life a pup could have wished for but what we got in return can't even be put into words.

We thank so many people in the village for being so good, patient and kind to Beau. He loved interacting with all the lovely well-mannered dogs and pawrents too, of course. He especially loved waiting for James, the primary school's lovely janitor, with Milo and Tilly to appear at the vennel. James would actually often have to shout on Beau as he saw me struggling on the street corner trying to get a puppy to walk instead of watching the world go by. James would give him a big shout Hello and gee him on. The next thing, Beau would take to his heels and he would be taking me for a run. Beau's daily visits from Rebel were very cute, Rebel would always come to see if his little friend was outside. They were like little and large but were very friendly with each other. Such a shame they never got the chance to go for a walk together.

Once again, we thank you so much for highlighting Beau in May's edition. It means a lot to us as he was our everything. Myself, Tam and Beau thank the whole community for their kind words and the time and love they gave Beau.

Beau 12/12/20 - 07/05/21

Only with us a short time but our memories last forever. The pawprints you left on our hearts, we will always treasure. Some Angels take fur instead of wings.

This story has a happy ending as Shannon and Tam bought another wee pup, called Bear, after some persuasion from their families. Bear will never, of course, be able to replace Beau but will bring joy and happiness to two people who are full of animal love! Look out for the three of them when you're out and about and say hello.

A poem



The Outdoor Month

July is the regular outdoor month.
He's the king of the calendar, don't you think?
Bright blue sky - fresh strong winds
And a golden sun that makes you blink.

A lake where water steals from the sky
Its bluest colour, its cloud white ships
And thick green tress beneath whose shade
Time doesn't pass but just gently slips.

A swim in the morning with the sun coming up,
A hike in the scented woods at noon,
Canoeing in the later hours,
And another swim beneath the moon.

Living outdoors is so much fun
Just living beneath the open sky.
Clouds in the daytime and stars at night
With the whole wide universe drifting by.

Lenore Hendrick

Belated Birthday Greetings

Many Happy Returns for the month of June go
to **Betty Libberton,**
Ashley MacPherson,
Ross Thomson, and
Steven Hogg.



We hope your special day was memorable and that the year ahead will be good for you all.

Thank You

to Moira Taylor for her donation to funds - very much appreciated!

Monthly Muse

Don't compare your life to others. There's no comparison between the sun and the moon, they shine when it's their time.

If you'd like to give someone a mention of any kind, give us a call or send us an email. Contact information below and we would love to hear from you - it's good to share!

Contact Numbers

Amanda Clelland	01875 610579
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Stuart Mackenzie	07745 310705
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***Thank you for reading this
edition of the Peepton Post***